

Delhi Athletic Club - Group Swim Lessons Frequently Asked Questions

Registration

Who can register for swim lessons? Classes are open to all who meet class pre-requisites.

Do you have to register? Yes. Swim Lessons are progressive and require registration for each session of classes.

What class should I register for? Classes are separated by age and skill level. Use our Swim Placement Survey [here](#) to determine the best level for your swimmer.

Can I register for multiple classes? Yes (within the appropriate age group/skill level)

How long is registration open? Registration is open until the class is full or through the start of classes. Classes that do not meet minimum registrations by the first day of class will be canceled. Classes without any registrations 1-2 days before the start of the class may be canceled before classes start.

What is the cost of the class? Rates vary based on the number of classes per session. Click [here](#) for current classes and prices.

Can I register now and pay later? Payment is required to reserve a spot in class.

Are discounts available? Club Members receive 30% off all swim program registrations. To receive the discount please set up your account in the CivicRec platform and let us know at DACSwim@hfit.com. We will add the member discount flag to your account for automatic discounts. *Note: Children must be included on a Family or Parent/Child account to be eligible for discounts.*

Additional discounts or scholarships are not available at this time.

Is there a discount if I register late? Late registrations are not prorated.

The class I want/need is full, what do I do? Register for the waitinglist. We will contact you if a spot opens in that class AND we regularly review waiting lists and try to add classes where there is a need and we have staff available. Additionally, we are actively working to build our instructor team and will add classes when new instructors become available. Check back regularly for new additions.

I need to cancel the registration; will I get a refund? Registrations canceled 1 week prior to class start will receive a full refund minus processing fees. Registrations canceled less than 1 week before start date will receive a partial refund minus administrative and processing fees. Cancellations after the start of class are not eligible for refund. Withdraws for medical reasons may be eligible for credit/refund.

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Attendance

Where do I go for lessons?

The Delhi Athletic Center is located at 5027 Delhi Road, Cincinnati, OH 45238.

When you arrive, follow the signs around to the back side of the building and park in the lot near the trees. Please do not park in the apartment complex parking lots.

When you enter the Club, please check in at the Front Desk with your swimmer's name.

After you are checked in, the Aquatic area is down the main hall and to the right. Family locker rooms are along the aquatic hallway which leads to our warm water and lap pools. All preschool and beginner classes are held in the warm water pool. Intermediate and advanced classes are in the lap pool.

If I need to miss a day, can I make it up? Makeup sessions are not available for missed classes.

If I cannot come to my scheduled class, can I attend a different one instead?

Participants may only attend the class they are registered for. Attending other classes is disruptive to that class.

What if class is canceled? We make every effort to hold all classes, but if we must cancel, we will schedule a makeup class or provide a credit/refund.

Are parents, siblings, or guests allowed to watch?

Absolutely, as long as their presence does not exceed space capacity and does not interfere with instruction. If swimmers are distracted, we may ask guests to exit the pool area.

Can I leave while my child is in class? Can I work out during my child's class?

Children Under 12 years old: Parents should remain poolside and available if needed for bathroom breaks, emotional support, or in the event of an emergency.

Youth-aged participants, 12 and older, may attend class without an adult.

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General

What will students learn? Specific skills vary by level, but all classes include both swim skills and water safety skills aimed towards helping swimmers learn to be safe in and around the water as well as become lifelong swimmers.

What should participants wear? All swimwear must be made of non-cotton materials. Cotton fibers clog our filters so swimmers should wear non-cotton swimwear that they are comfortable in and that allows for vigorous, free movement of legs and arms. **Swimmers should not wear any items that restrict movement.*

- Strategies to help swimmers who easily get chilled include wearing a swim cap, wearing a rashguard style shirt, or wearing a wetsuit. If shirts or wetsuits are worn, please make sure swimmer can rotate their arms at the shoulder and that items are non-cotton materials
- Swimmers with long hair should wear hair pulled back with a hair tie or wear a swim cap.

Are goggles needed? Beginners do not need goggles, though some swimmers are more comfortable with goggles. For safety purposes Instructors may require some skills be performed without goggles.

Advanced swimmers should wear goggles to improve vision and reduce impact of chemicals on eyes.

Goggles should cover eyes only. Masks that cover the nose will not be allowed during instruction as they interfere with learning proper breathing technique.

Are there locker rooms? Family locker rooms are available along the aquatic area hallway leading to the pool areas.

Is the pool open during lessons? The pool is usually open during lessons, but patrons will be required to follow admissions policies to swim outside of the lessons. Participation in swim lessons does not include pool admission for swimming outside of lessons.

Swimmers waiting for their lesson to start should wait on the chairs or other location specified by instructor unless they have purchased a pool admission or checked in under their membership.

Note: Swimmers should not interfere with lessons in progress.