

October Warm Pool Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7 a.m. - 5:45 p.m.	5 a.m. - 8:45 p.m.	5 a.m. - 8:45 p.m.	5 a.m. - 8:45 p.m.	5 a.m. - 8:45 p.m.	5 a.m. - 7:45 p.m.	7 a.m. - 5:45 p.m.

Scheduled Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Swim Lessons 4:30 - 7:15 p.m.	2 Aqua Move 10:15 - 11:00 a.m.	3 Swim Lessons 9:00 - 11:00 a.m.
4	5 Aqua Move 8:00 - 8:45 a.m. Swim Lessons 5:30 - 7:15 p.m.	6 Aqua for Arthritis 9:15 - 10:00 a.m. Aqua Move 10:15 - 11:00 a.m. TriState Swim 2:00 - 5:00 p.m. Swim Lessons 5:30 - 7:15 p.m.	7 Swim Lessons 4:00 - 5:00 p.m. Aqua Move 6:00 - 7:00 p.m.	8 TriState Swim 2:00 - 5:00 p.m. Swim Lessons 4:30 - 7:15 p.m.	9 Aqua Move 10:15 - 11:00 a.m. TriState Swim 2:00 - 5:00 p.m.	10 Swim Lessons 9:00 - 11:00 a.m.
11	12 Aqua Move 8:00 - 8:45 a.m. Swim Lessons 5:30 - 7:15 p.m.	13 Aqua for Arthritis 9:15 - 10:00 a.m. Aqua Move 10:15 - 11:00 a.m. TriState Swim 2:00 - 5:00 p.m. Swim Lessons 5:30 - 7:15 p.m.	14 Swim Lessons 4:00 - 5:00 p.m. Aqua Move 6:00 - 7:00 p.m.	15 TriState Swim 2:00 - 5:00 p.m. Swim Lessons 4:30 - 7:15 p.m.	16 Aqua Move 10:15 - 11:00 a.m. TriState Swim 2:00 - 5:00 p.m.	17 Swim Lessons 9:00 - 11:00 a.m.
18	19 Aqua Move 8:00 - 8:45 a.m. Swim Lessons 5:30 - 7:15 p.m.	20 Aqua for Arthritis 9:15 - 10:00 a.m. Aqua Move 10:15 - 11:00 a.m. TriState Swim 2:00 - 5:00 p.m. Swim Lessons 5:30 - 7:15 p.m.	21 Aqua Move 6:00 - 7:00 p.m.	22 TriState Swim 2:00 - 5:00 p.m. Swim Lessons 4:30 - 7:15 p.m.	23 Aqua Move 10:15 - 11:00 a.m. TriState Swim 2:00 - 5:00 p.m.	24 Swim Lessons 9:00 - 11:45 a.m.
25 Pool Party 3:00 - 5:00 p.m.	26 Aqua Move 8:00 - 8:45 a.m. Swim Lessons 5:30 - 8:00 p.m.	27 Aqua for Arthritis 9:15 - 10:00 a.m. Aqua Move 10:15 - 11:00 a.m. TriState Swim 2:00 - 5:00 p.m. Swim Lessons 5:30 - 8:00 p.m.	28 Swim Lessons 3:00 - 6:00 p.m. Aqua Move 6:00 - 7:00 p.m.	29 TriState Swim 2:00 - 5:00 p.m. Swim Lessons 4:30 - 7:15 p.m.	30 Aqua Move 10:15 - 11:00 a.m. TriState Swim 2:00 - 5:00 p.m.	31 Swim Lessons 9:00 - 11:45 a.m.

*Pool is closed during Water Aerobics Classes and Pool Parties.

Updated 9/30/26 | Schedule subject to change.

During other activities we ask all swimmers to respectfully share the space.

Our warm water pool is available for rent! If interested, please email DACSwim@hfit.com.

513.278.4060 • www.DelhiAthleticClub.com

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