

# Warm Pool Schedule

All schedules subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am- 5:45pm Open	5am - 8:45pm Open	5am - 8:45pm Open	5am - 8:45pm Open	5am - 8:45pm Open	5am - 7:45pm Open	7am- 5:45pm Open

## May Adjustments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					5/1 Aqua Move: 10:15-11am	5/2
5/3	5/4 Aqua Move: 8-8:45am  Swim Lessons: 4:45-7:45p	5/5 Aqua for Arthritis: 9:15-11am  Swim Lessons: 5:30-7:15pm	5/6 Aqua Move: 6-7pm	5/7  Swim Lessons: 5:00-7:50p	5/8 Aqua Move: 10:15-11am  Swim Lesson: 5:30pm-7:00pm	5/9 Swim Lessons: 9:00a-1:00p
5/10	5/11 Aqua Move: 8-8:45am  Swim Lessons: 4:45-7:45p	5/12 Aqua for Arthritis: 9:15-11am  Swim Lessons: 5:30-7:15pm	5/13 Aqua Move: 6-7pm	5/14  Swim Lessons: 5:00-7:50p	5/15 Aqua Move: 10:15-11am  Swim Lesson: 5:30pm-7:00pm	5/16 Swim Lessons: 9:00a-1:00p
5/17 Pool Party 1:00-3:00pm	5/18 Aqua Move: 8-8:45am  Swim Lessons: 4:45-7:45p	5/19 Aqua for Arthritis: 9:15-11am  Swim Lessons: 5:30-7:15pm	5/20 Aqua Move: 6-7pm	5/21  Swim Lessons: 5:00-7:50p	5/22 Aqua Move: 10:15-11am  Swim Lesson: 5:30pm-7:00pm	5/23 Swim Lessons: 9:00a-1:00p  Pool Party 3:00-5:00pm
5/24	5/25 Aqua Move: 8-8:45am  Pool Closes at 12:45 pm Happy Memorial Day!	5/26 Aqua for Arthritis: 9:15-11am  Swim Lessons: 5:30-7:15pm	5/27 Aqua Move: 6-7pm	5/28  Swim Lessons: 5:00-7:50p	5/29 Aqua Move: 10:15-11am  Swim Lesson: 5:30pm-7:00pm	5/30 Swim Lessons: 9:00a-1:00p  Pool Party 3:00-5:00pm
5/31						

Our warm water pool is available for rent!

If interested, please email [delhiathleticswim@gmail.com](mailto:delhiathleticswim@gmail.com)



**DELHI**  
ATHLETIC CLUB  
at Delhi Towne Square

Updated 5/8/26