

Join us for Kick-Off Week!

June 1 – June 7

It's finally here - come experience YOUR club!

Join us as we kick-off Cincinnati's hottest athletic club, the Delhi Athletic Club, featuring:

- FREE Guest Day Saturday, June 1 and Sunday, June 2 - Invite your friends and family to experience YOUR club
- A variety of group exercise classes throughout the week, in addition to the Saturday Sampler on June 1 (Visit website for details)
- Ask the Trainer tables
- Raffles for Delhi Athletic Club swag
- Fitness equipment orientations from our team members
- Opening Day Group Fitness Sampler on Saturday, June 1

Opening Day Group Fitness Sampler Schedule - Saturday, June 1

Experience these great classes.

Group Fitness Studio	Mind Body Studio	Cycle Studio	Westside Turf	Warm Water Pool
Tabata 10:45 – 11:15 a.m. Erinn	Vinyasa Yoga 10 – 10:30 a.m. Jennifer	Group Cycle 10 – 10:30 a.m. Erinn	Hit the Turf 12 – 12:30 p.m. Jimmy	Aqua Variety 10 – 10:30 a.m. Verrill
Barre 11:30 a.m. – 12 p.m. Sarah	Gentle Yoga 10:45 – 11:15 a.m. Jennifer	Group Cycle 11:30 a.m. – 12 p.m. Erinn	Hit the Turf 12:45 – 1:15 p.m. Jimmy	Aqua Stretch & Strength 10:45 – 11:15 a.m. Verrill
				Aqua Variety 11:30 a.m. – 12 p.m. Verrill

Club Hours

Monday – Thursday: 5 a.m. – 9 p.m. | **Friday:** 5 a.m. – 8 p.m. | **Saturday and Sunday:** 7 a.m. – 6 p.m.